

**Risk assessment –this is an example for information; it is not intended to cover every risk – activity leaders should not copy this but should assess the risks particular to your specific activity**

Name of activity, event, and location	Hillwalking Terrain 0 Example ( <500 m, 30 min travel to road or occupied building, no mountainous steep ground )	Date of risk assessment	10 November 2020	Name of person doing this risk assessment	Cathy Southworth
	Pentland group walk circular Bonaly Scout Centre	Date of next review	10 May 2021		

What hazard have you identified? What are the risks from it?	Who is at risk?	How are the risks already controlled? What extra controls are needed?	What has changed that needs to be thought about and controlled?
<i>A hazard</i> is something that may cause harm or damage. <i>The risk</i> is the harm that may occur from the hazard.	For example: young people, adult volunteers, visitors	<i>Controls</i> are ways of making the activity safer by removing or reducing the risk. For example, you may use a different piece of equipment or you might change the way you do the activity.	Keep <b>checking</b> throughout the activity in case you need to change what you're doing or even <b>stop</b> the activity.  This is a great place to add comments which will be used as part of the review.
<b>Delayed Progress (example, fitness levels) :</b> Benightment Late return – emotional stress	All	*Participants to carry headtorch *Monitor progress and shorten route if necessary (plan escape routes and leader knows how to navigate to these ) *Leader carry whistle, group shelter, participants survival bag and whistle *Know the group – fitness levels *Leader knows possible limits of phone coverage *In touch system in place for late arrival including map and route plan	
<b>Poor Visibility</b> Getting lost Exposure	All	*Leader has map reading skills appropriate for terrain *Leader carry map and compass and know how to use them *Participants to carry appropriate personal equipment checked by leader *Spare kit carried as a group depending on weather– extra gloves / hats *Weather forecast obtained before walk and go ahead based on this	
<b>Uneven / slippery surfaces</b> Slips and trips and falls	All	*Appropriate footwear to be worn (hiking boots / walking shoes not trainers)	
<b>Serious injury in a remote area</b> Injury gets worse Benightment Emotional stress	All	*All party know protocol to contact emergency services and to get help if no phone signal *Leader carry whistle, group shelter, participants survival bag and whistle *Leader carry first aid kit and know how to use it *Pre-check of allergies and known conditions of participants, information carried	

You can find more information in the Safety checklist for leaders and at [scouts.org.uk/safety](https://scouts.org.uk/safety)

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<b>Group spreads out (different fitness levels)</b> Getting lost	All	*Leader knows the group *Briefing to discuss moving as a team and to the slowest *have identified stop points and alternative routes	
<b>Inclemental weather:</b> Exposure Hyperthermia Heat stroke / dehydration	All	*Forecast and weather to be reviewed prior to and during activity *Participants and leaders wear / carry appropriate clothing and equipment	
<b>Farm animals</b> Injury	All	*Contact landowner prior to activity to enquire whether animals in areas of plan *Divert route if necessary *Briefing at start and/or near possible location of animals	

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