

CAMOUFLAGE TRACKING

Camouflage tracking	The activity starts at a central meeting place and the instructor gives a briefing. The group splits into two teams and the first challenge for each team is to lay a trail of tracking signs for the other group to follow into the “Hiding Area”. Then one member of the team is chosen to hide and is camouflaged using equipment provided and natural materials. The teams now follow each other’s tracking signs and attempt to find the hidden person.
Scoring system	1 point for the opposing team successfully following tracking signs to the hiding area. 1 point for finding the hidden person. If both hiding persons are found there is 1 bonus point for the group that finds the person first.

10 min Briefing – the rules are explained, boundaries set, timings given and hazards identified. (see risk assessment)

15 min Laying tracks, hiding team member & return to meeting area.

15 min following tracks and searching for hidden person.

5min back at the meeting point leader awards points.

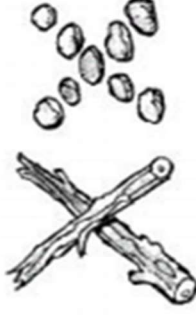
There will be time to run this twice in the 90min session with 20min of contingency time.

Tracking Signs



This Way

Make sure the arrow is clearly marked. You can use stones instead by placing a large stone with a small one on top, and then another small stone pointing in the direction of travel. You could use long grass by tying it in a knot and bending it into the direction of the trail. You could use a twig placed through a leaf on a tree pointing in the correct direction or even a simple stick to mark an arrow in the mud or ground.



No Entry or Danger

A simple cross tells people to not follow that direction or to warn them of a dangerous area. Make sure the cross is clearly marked and can be easily seen.



Turn Left or Turn Right

Very similar to the simple 'This Way' arrow. Make sure you have a clear bend in your arrow.



Water Ahead

The wavy lines represent waves on water. You must have a nice clear arrow showing which way the water is. Include at least three lines of waves so it is clear what the sign is supposed to be.



Obstacle Ahead

All you need is two lines with a line lying across them. You could even have a separate arrow (in this picture the arrow itself lays across the 'obstacle'). Again, make sure the arrow is clearly marked and the direction of the trail is obvious.



'Split Group'

'2 went left, 4 went right'

This sign will tell people following the trail that the group has split up. Begin an arrow and have it split into two directions, each with their own arrowhead. At the top of each arrowhead mark how many people went in that direction (it is probably better to use sticks as a 'tally' mark rather than trying to draw a number)



'Message 4 paces this way'

This sign will point the way to a hidden message. Mark out a box and place an arrow pointing in the direction of the message. Inside the box you mark how many paces (normal walking steps) you must walk in that direction to find the message.

Gone Home

This is a very important sign. This should always be the last sign you place as it signals that the trail has finished and you have to return home. It is a simple circle with a single marker in the centre. Once you see this sign you have finished!



Bonaly Scout Centre – Activity Risk Assessment & SOP

Camouflage Tracking

No	Hazard	Who it effects	Unmanaged risk	Control measures	Managed risk
1	Insufficient Supervision	Participants	Medium	Sessions to be run by suitably qualified / experienced instructors. Maximum instructor ratio of 1 to 12.	Low
2	Getting lost/Overdue for return time.	Participants	Medium	Briefing on return time and boundaries of the activity. Under 18's must be in groups of at least 3. Appropriate area matched with participant's age/ability. Return to start area when a whistle is blown.	Low
3	Falling/Injury	Participants	Medium	Ensure appropriate footwear is worn. Brief participants on dangers of running/falling and what to do in case of an injury. Participants to be made aware of the risks when camouflaging individuals. <ul style="list-style-type: none"> Stinging nettles & thorns and spiky things Do not use wet areas 	Low
7	Hypo/Hyperthermia and exposure	Participants	Medium	Instructors to ensure participants have appropriate clothing for the prevailing conditions and to monitor participants during the session. Use Karrimat provided to insulate the participant from cold, wet ground.	Low
8	Medical conditions that could affect the activity	Participants	Medium	Instructors to check with group if there are any medical conditions/Injuries which may affect their participation.	Low
9	Slippery/uneven surfaces and trip hazards	Instructors & participants	Medium	Instructors to make participants aware of conditions underfoot.	Low
Assessor		Date	Review Date		
Sean Crossan		01/02/25	01/03/26		

Bonaly Scout Centre – Activity Risk Assessment & SOP

Standard Operating Procedure – All Activities

Supervisors will be given copies of Standard Operating Procedures and Risk Assessments for the activity.

The safety of participants is at all times the responsibility of the supervisor.

The supervisor must:

Read and comply with the Standard operating procedure, Risk Assessment and activity instructions.

Complete the sign out sheet before using the activity

Must supervise the activity for its entire duration and not hand over responsibility to any other person at any time.

Ensure there is adequate first aid provision.

Maintain adequate group control at all times.

Ensure participants are suitably attired for the prevailing weather conditions and activity.

Be aware of any participant medical conditions that may affect the activity.

Make participants aware of conditions underfoot.

Fully brief participants on the activity, paying particular attention to risks highlighted in the Risk Assessments and Standard Operating Procedures.

Report any loss or damage to the equipment/activity.

Standard Operating Procedure – Camouflage Tracking

Instructor: Bonaly in house Trained and Assessed.

Ratio: The Instructor participant ratio will not exceed 1:12

Risk Assessment: The Instructor is required to be familiar with the site-specific risk assessment and run the activity to these standards.

Site Induction: Site-specific training and assessment.

Instructors will gain instructing experience and familiarisation with the site-specific risk assessment by working with other instructors until assessed as competent.